

香港中文大學醫院 體重管理和代謝外科門診

CUHK Medical Centre Weight Management and Metabolic Surgery Clinic



地址 Address :

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1/F, CUHK Medical Centre, 9 Chak Cheung Street, Shatin,
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服務時間 Service Hours :

星期一至五 上午9:00 - 下午5:00

星期六 上午9:00 - 下午1:00

星期日及公眾假期休息

Monday to Friday 9:00AM - 5:00PM

Saturday 9:00AM - 1:00PM

Closed on Sundays and Public Holidays

電話 Telephone : (852) 3946 6388


電郵 Email : general@cuhkmc.hk

網址 Website :

www.cuhkmc.hk/tc/centres/weight-management-and-metabolic-surgery-clinic



 CUHK Medical Centre

 @cuhkmedicalcentre

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CUHKMC/H/L/MMMS/INTRO/2021/11



香港中文大學醫院
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本診所秉持健康控制體重的理念，提供跨專科的減重整合治療及全方位的減重計劃。對不同程度肥胖症的治療有完整規劃，提供個人化的減重計劃，協助達至有效的體重控制。

This clinic upholds the concept of healthy weight control, provides integrated and comprehensive weight loss treatment through a multidisciplinary approach. Personalised and all-round weight loss plan is offered for people with different degree of obesity to achieve effective weight control.

屬於您的減重計劃

Your Weight Management Plan

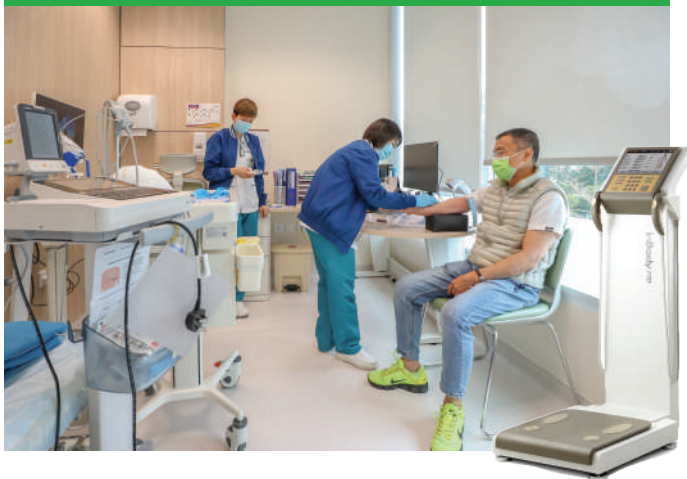
跨專科團隊將按照個別個案的狀況和需要安排檢查，而基本檢查評估的項目包含飲食及作息習慣、病史、身體成分分析等。如果你有糖尿病或懷疑其他與肥胖相關問題，我們會安排進一步的檢查及糖尿病併發症篩查。

Our multidisciplinary team will advise the appropriate evaluation according to your individual needs and conditions. Basic evaluation items include eating habits and daily routines, medical history, and body composition analysis etc. If you have diabetes or suspected other obesity-related medical problems, we can arrange diabetes complication screening and other tests for further investigation.

醫生會根據評估結果與您討論適合的治療方式，包括：

Base on your assessment results, our professional team will discuss and suggest the suitable weight management plan for you, which includes:

身體檢查及糖尿病及代謝病併發症評估 Wellness Checking and Metabolic and Diabetic Complication Screening



運動與飲食 - 體重管理計劃

Fundamental Weight Management - Dietary & Physical Training Programme



營養、藥物治療

Advance Dietetic & Pharmacological Treatment

代謝及減重手術治療

Metabolic & Bariatric Surgical Programme



胃內水球療程

Intragastric Balloon Programme



內鏡縫胃術療程

Endoscopic Sleeve Gastroplasty Programme

